



# INTERNATIONAL OVERDOSE AWARENESS DAY EVENTS

**AUGUST 31 - SEPTEMBER 4 2020**

## **NALOXONE TRAINING**

- August 31 • 1-3pm, Pavilion Tree locations - see below
- September 1 • 3-4pm, Farmer's Market, Kirkland Lake
- September 3 • 9-10:30am online, register by August 28 [here](#)
- September 4 • 12-1pm, Timiskaming Health Unit (outside), New Liskeard

## **SHOW YOUR SUPPORT**

- Aug 31 - wear purple and post your pictures on social media using #IOAD2020
- Create a purple theme in your office space and display this [poster](#)
- Contact government officials and demand better treatment options, safer supply and decriminalization

## **REMEMBER LOVED ONES LOST**

- Visit one of the Pavilion Women's Centre's trees to tie a ribbon and reflect on the struggle that many individuals and loved ones experience because of substance use.
  - Kirkland Lake: 15 Government Rd. East
  - New Liskeard: New Liskeard Community Hall on Whitewood Ave.
  - Cobalt: Major Holland V.C. park on Silver St.
- Post an online tribute at [www.overdoseday.com](http://www.overdoseday.com) or [www.facebook.com/pavwc](http://www.facebook.com/pavwc)

## **EDUCATE YOURSELF**

- Your language matters! Learn more about the power of language and stigma [here](#)
- Learn more about [mental health and addictions](#) and then educate others